

# TEACHER SELF-REFLECTION JOURNAL

## Self Monitoring

DATE: \_\_\_\_\_

M T W T F S

### TODAY'S REFLECTIONS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### OBSERVATIONS I MADE ABOUT MYSELF

### CONNECTIONS I MADE WITH MY STUDENTS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### RED FLAGS/AREAS OF CONCERN

### SOMETHING I WOULD LIKE WORK ON IN MY TEACHING PRACTICE

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### TOMORROW I LOOK FORWARD TO

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_